If I have symptoms (fever, cough, aches and pains...)

I am FULLY vaccinated *

- I self-isolate, I stay home
- PCR or antigenic TEST
- If my test is positive: I follow the procedure
  If my test is negative: I do not self-isolate and I can go back to class
- D+2 and D+4 Self-Test
- If my Self-Test is positive: I take a PCR or antigenic TEST to confirm and if it is still positive, I follow the procedure
  If my test is negative: I keep going to class

I am NOT vaccinated or NOT FULLY vaccinated

- I self-isolate for 7 days from the last contact with the COVID-positive person
- PCR or antigenic test after self-isolation (or during isolation if I have any symptoms)
- If my test is positive: I follow the procedure
  If my test is negative: I can go back to class

If your symptoms worsen: contact your doctor or call 15 immediately (emergency services)

I have tested positive for COVID-19

- I self-isolate for 7 days after the first symptoms or the day of the test if I don’t have any symptoms
- I fill up the online form on the university website
  The SSU*** will identify the persons I have been in contact with within the university
- I contact my faculty by email and let them know that the CPAM or SSU has confirmed my situation, with the SSU as a CC recipient
- End of the self-isolation at the 5th day if I get a negative PCR or antigenic test at the 5th day/ or if I don’t have any symptoms for the last 48h

- I self-isolate for 10 days after the first symptoms or the day of the test if I don’t have any symptoms
- I fill up the online form on the university website
  The SSU** will identify the persons I have been in contact with within the university
- I contact my faculty by email and let them know that the CPAM or SSU has confirmed my situation, with the SSU as a CC recipient
- End of the self-isolation at the 7th day if I get a negative PCR or antigenic test at the 7th day/ or if I don’t have any symptoms for the last 48h

*2 doses + 1 dose 7 months after the 2nd dose until February 15th, then 4 months after the 2nd dose from February 15th

**SSU: Service de Santé Universitaire - University Health Service

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University of Tours - January 2022