

If I have symptoms  
(fever, cough, aches  
and pains...)

I self-isolate,  
I stay home

PCR or antigenic TEST

If your symptoms worsen : contact your doctor  
or call 15 immediately (emergency services)

## Vaccination status

**V** I am  
**FULLY vaccinated \***

\* 2 doses + 1 dose 7 months after the 2nd dose until February 15th, then 2 months after the 2nd dose from February 15th

### I have been in contact with a confirmed case of COVID-19\*\*

- PCR or antigenic TEST immediately
- If my test is positive : **I follow the procedure**  
If my test is negative : **I do not self-isolate and I can go back to work**
- D+2 and D+4 Self-Test
- If my Self-Test is positive : I take a PCR or antigenic TEST to confirm and if it is still positive, **I follow the procedure**  
If my test is negative : **I keep going to work**

**X** I am  
**NOT vaccinated or  
NOT FULLY vaccinated**

- **I self-isolate 7 days from the last contact with the COVID-positive person**
- PCR or antigenic test after self-isolation (or during isolation if I have any symptoms)
- If my test is positive : **I follow the procedure**  
If my test is negative : **I can go back to work**

### I have tested positive for COVID-19

- **I self-isolate for 7 days after the first symptoms or the day of the test if I don't have any symptoms**
- I warn my manager
- I warn my close contacts (for the last 7 days)
- End of the self-isolation at the 5th day if I get a negative PCR or antigenic test at the 5th day/ or if I don't have any symptoms for the last 48h

- **I self-isolate for 10 days after the first symptoms or the day of the test if I don't have any symptoms**
- I warn my manager
- I warn my close contacts (for the last 7 days)
- End of the self-isolation at the 7th day if I get a negative PCR or antigenic test at the 7th day/ or if I don't have any symptoms for the last 48h

\*\* Est considérée comme cas contact toute personne : Ayant partagé le même lieu de vie qu'un cas confirmé / Ayant été en contact direct avec un cas : face à face, moins d'un mètre, quelle que soit la durée (conversation, flirt, accolade, embrassade) / Ayant prodigué ou reçu des actes d'hygiène ou de soin / Ayant partagé un espace confiné (bureau, salle de réunion, véhicule personnel...) pendant au moins 15 min avec un cas, ou face à face avec un cas pendant épisode de toux ou d'éternuement / Etudiant ou enseignant du même groupe de TD/TP  
EN L'ABSENCE DE MESURES BARRIERES EFFICACES DURANT LA DUREE DU CONTACT (plexi, masque chirurgical ou FFP2 porté par le cas OU le contact, masque tissu porté par le cas ET le contact).